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01277 549136
enquiries@alphavesta.com
www.alphavesta.com



DOMESTIC ABUSE TRAINING & CONSULTANCY

WHAT IS DOMESTIC ABUSE?

Domestic abuse is defined as abusive behaviour between two people aged 16 or over, who are or have been, personally connected in some way through an intimate or familial relationship. Domestic abuse occurs irrespective of socio-economic status, race, age religion, gender and sexual orientation.

DID YOU KNOW?

- 1 IN 4 WOMEN** will be affected by some form of domestic abuse during their adult lifetime. (ONS, 2023)
- 1 IN 6 MEN** will be affected by some form of domestic abuse during their adult lifetime. (OS, 2023)
- 1 IN 5 CHILDREN** are affected by domestic abuse at some point during their childhood (NSPCC, 2020)

Alpha Vesta is an Essex based CIC, providing communities and workplaces a range of public and private training sessions, aimed at embedding a culture of understanding and building the confidence and skills to respond to domestic abuse.



AWARENESS



PREVENTION



EARLY INTERVENTION

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